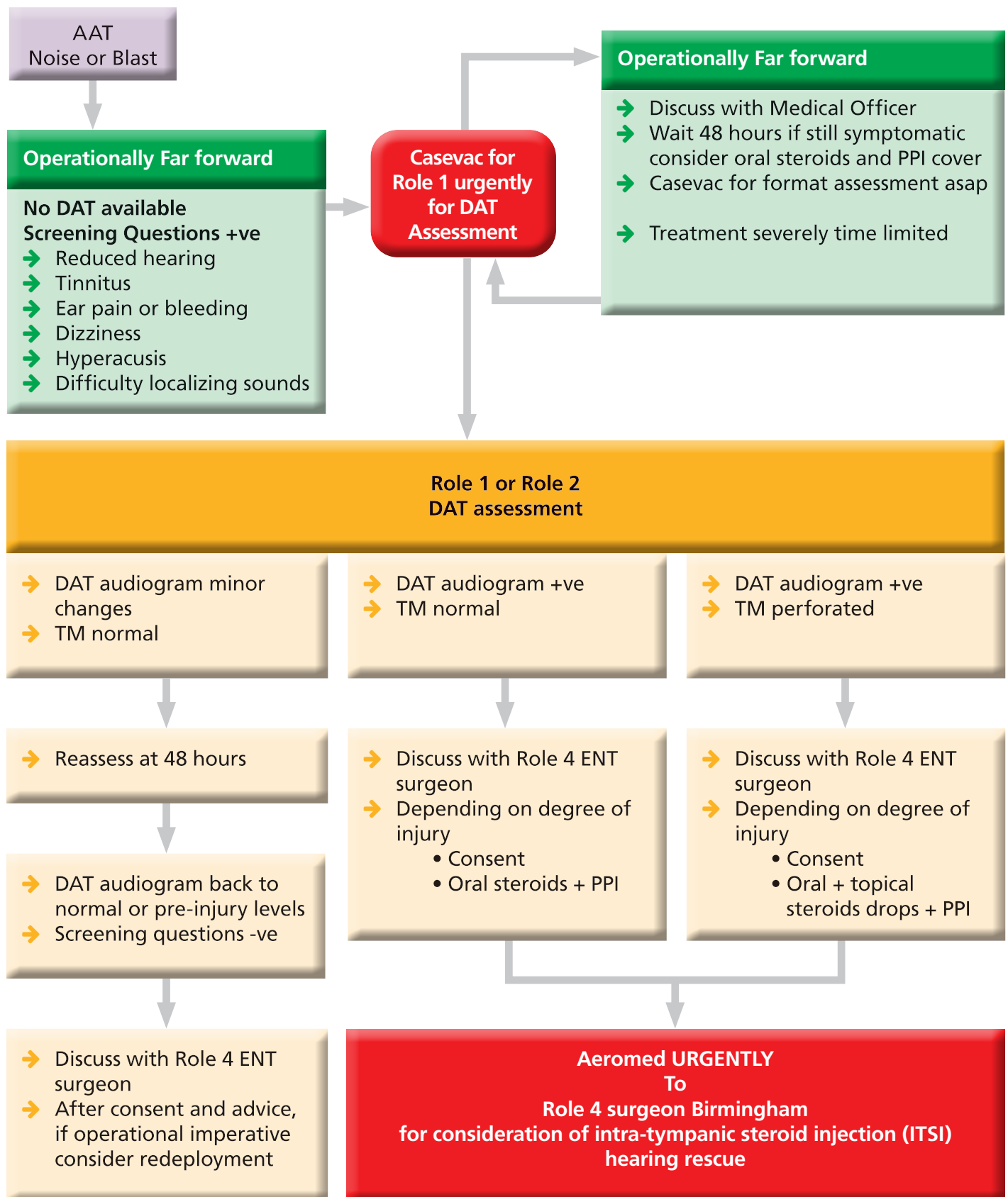


Downrange Acoustic Toolkit (DAT)



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General Points

- ➔ Minor changes in audiograms are Post exposure hearing threshold (HTs) no more than 20dB at any frequency OR no more than 10 dB greater than the HT value at a particular frequency recorded on the predeployment audiogram
- ➔ If taking oral steroids must have weapons removed, no driving or operating machinery unless far forward risk assessment undertaken, injured aware of risks and operational permission given.
- ➔ Do not give steroids in Role 1 or Role 2 if patient has, multiple trauma, GCS less than 14, severe burns, systemic infection.
- ➔ Ensure informed consent taken and documented if steroids administered.
- ➔ Contact Role 4 ENT surgeon by
 - FORWARD
 - Telecom QE Hospital, Birmingham +44 121 371 2000

Medication Aide Memoire

- ➔ **Oral steroids** – 1mg per Kg Prednisolone up to a MAX dose of 60mg – once a day for 7 days in the mornings if possible.
- +
- ➔ **PPI** - Lansoprazole 30mg once a day for fourteen days
- ➔ **Topical steroid drops** - Betnesol
 - If perforated ear drum and additional sensorineural hearing loss present
 - 3 drops, three times a days into affected ear until discussion with Role 4 – max 7 days.
 - Keep water out of ear